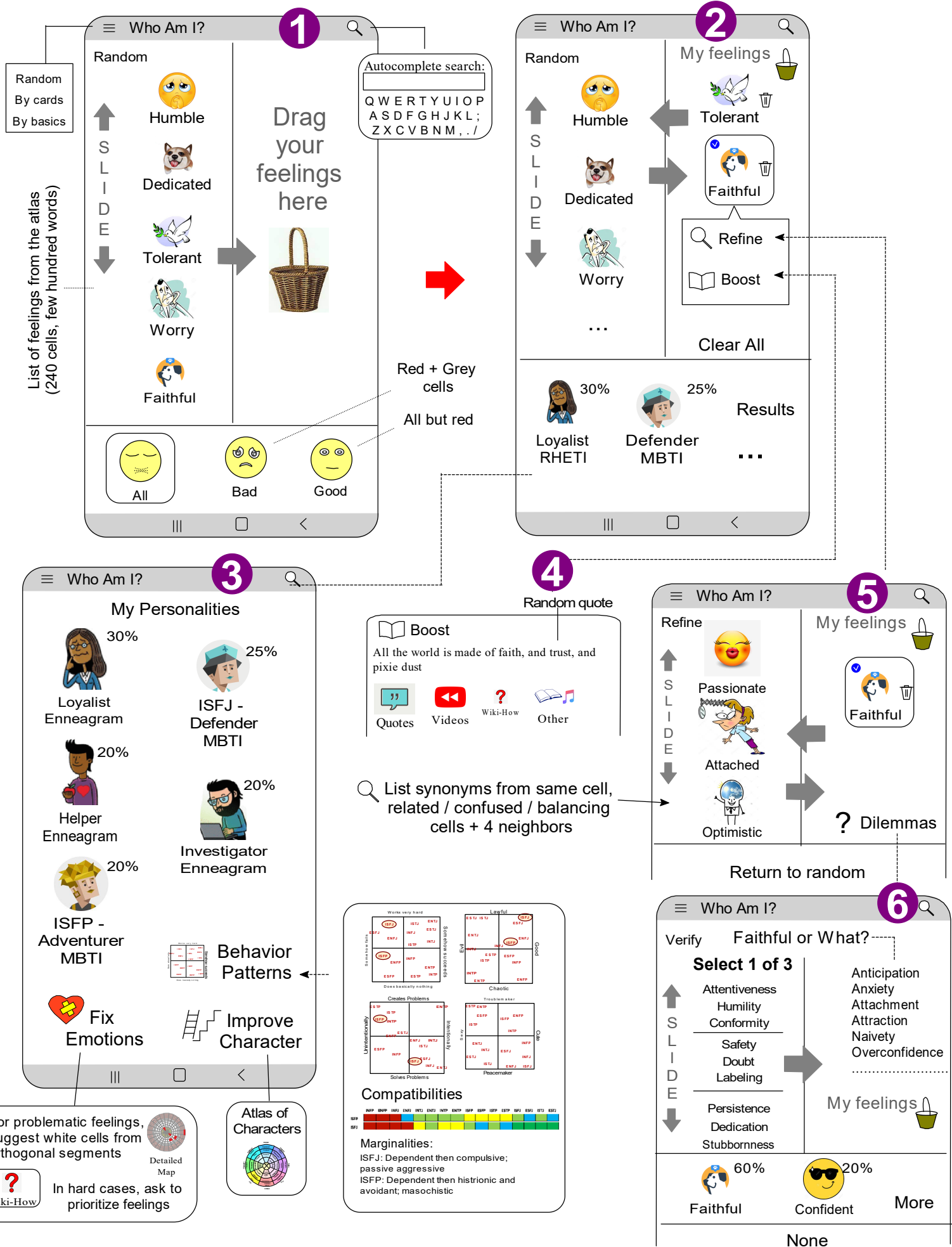


Alternative Names: Boost Me Up; Who Am I?; Inner Compass / GPI; Wise Advices;





Card Game Results: Who Am I ?

Even short game can yield plenty of results that have to be sorted out and sold very skillfully

Character Gifts would be useful

Who Am I? [Maps](#)

MBTI **50% Adventurer**
Flexible & charming artist, flighty (ISFP)
 [More](#)






30% Virtuoso
Bold practical master, unpredictable (ISTP)
 [More](#)

[Less](#)

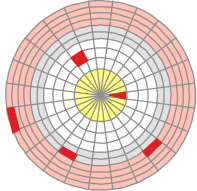
Big 5
50% Openness [More](#)
25% Conscient [More](#)
[Less](#) 25% Introvert [More](#)

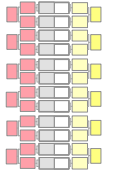
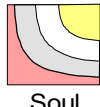
DiSC
30% Dominant [More](#)
25% Inspiring [More](#)
[Less](#) 25% Consient [More](#)

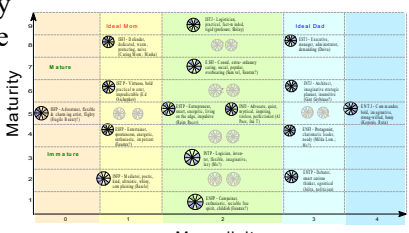
3-Type
25% Feeling (Child),
25% Thinking (Adult),
[Less](#) 50% Willing (Parent).

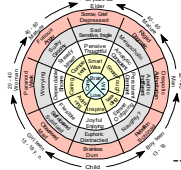
8-Type
30%  Nasty boy
10%  Curious girl
10%  Worry mom
10%  Rigid elder
10% 
[Less](#)

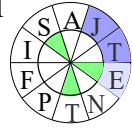
Maps [Who Am I?](#)

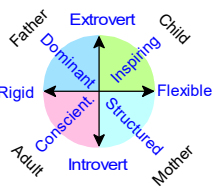
Vortex  **Vortex Map**
Maturity
Morality
Mind-Soul
DiSC
MBTI, etc

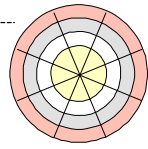
Morality  **Mind** 
Soul

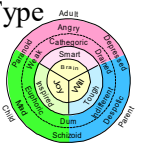
Maturity 16-Type 
Maturity vs Masculinity

Maturity 8-Type 

MBTI 

DiSC 
Father Extrovert Child
Rigid Dominant Inspiring Flexible
Adult Conscient Structured Mother

Big 5 

3-Type 

Wise Links

Boost Me Up!

Back

Wise Links

Boost Me Up!

Add here: Jeffrey Young Schemas and Schema Modes
 12 archetype characters
 Dungeons and Dragons characters
 Greatest Movie Characters
 Archetypes and Stock Characters for Screenwriters

Boost Me Up

I am

I'm OK
 Neutral
 Not OK

[Random Cards](#)

[More](#)

Last selection

Expandable emojis

Card game in other pages

Other pages

Neutral
 Doubtful
 Obligated

Dedicated
 Tolerant
 Faithful

Interested
 Humble
 Compassionate

[Back](#) [That's Me!](#)

If "neutral" emoji is touched (expansion algorithm on other pages)

Stories
 Chat Live
 Boost Me Up

Faith

All the world is made of faith, and trust, and pixie dust

Videos
 Wiki-How
 Books
 Music

My Notes
 Dilemmas
 Guide Me

[Back](#) Detailed Map

Faithful
 Optimistic
 Confident

Kind
 Analysing
 Overconfident

Attached
 Critical
 Passionate

[Back](#) [That's Me!](#)

Roadmap

Convert Faith to Confidence through: Humility - Doubt - Dedication

Make Faithfulness more stable through: Invincibility - Nobleness - Openness - Uniting - Naturalness - Knowing - Fearlessness

Am I really Faithful?

Select Steps:

Doubtful
 Safety
 Dedicated

Attentive
 Confident
 Persistent

Humble
 Faithful

[Back](#) [Schedule Messages](#) Detailed Map

Motivations' Calendar

Faithful March 11

Humble March 11-12

Attentive March 12-14

[Del](#) [More](#)

[Back](#) [My Path](#) Detailed Map

- Include IQ tasks
- Psych training
- Moral dilemmas

Card Game - "Medium" Level

Standard card with emojis

Select how you feel:

Reliability Encouragement

Surveillance Frustration Stealing

Back Results Next

Encourag.

Excessiven.

Faith

Who Am I? Boost Me Up!

Back

Explanation / quote

Helping others to believe in themselves

Encouragement Respect- Praising

Pleasing Self-Sufficiency Kindness

Self-Respect Feeling Proud

Nope It's ME!

Past selections:
Encourag. - M-1
Excessive - C-2

M - Mood
C - Character
P - Problem
D - Dilemma
1 - Quick check
2 - Medium check
3 - Deep check

Next card (Optional: mood, character, dilemma?)

Add selection to the map and show the next card

Order of listing alternatives:

- 1) 2 neighbors (up & down) and possibly another 2 (left and right)
- 2) Related to
- 3) Confused with
- 4) Same segment opposite
- 5) Balancing + up & down



Respect-
Same mood can have many emojis



Self-Esteem Self-Respect

Words from the same cell may have different emojis


Continue until new options cease to appear

Don't show cells that appear for the 2nd time. If the same word comes from a different cell, change it to synonym


Expanded First Screen

Boost Me Up


I am ▼



I'm OK



Neutral



Not OK

Check My Mood

Solve Dilemma

Check My Traits

Register

See my progress

Share wisdom

Complimentary Mood:

Chat

Meet

Start typing to get the closest problem from alphabetical drop-down list. Shows the last selection.
Leads to the Wise Links of a given problem

Expandable emojis
Also could be list of the most popular moods

Tests the mood on 3 levels

Atlas' card game

Select how you feel:

- Quick
- Medium
- Deep

Reliability (13-b)

Encouragement (9-d)

Surveillance (4-f)

Frustration (23-h)

Stealing (18-j)

Results

◀ Back
Next ▶

Can also test character

- Mood
- Character
- Problem
- Wish

After clicking [More](#)

After registering

Solve Dilemma

Am I ▼

OR
 ?

Should I ▼

OR
 ?

Find people with complimentary mood using instant geolocation ??

Send your links to the 'Soul-Pedia'

Subscription

Name: Male Female Home Map

Date of Birth:

Email:

Password:

Subscriptions:

Free-Links™ - use Atlas of Feelings with Wisdom DB for transforming your moods for free

Later we should ask to upload photo, which would help to identify character (somatotype) and enable meeting others

Check character traits using 3rd party algorithms for just 4 Euros per try

Fee-Links™ - get selected Wise links via email for transforming your moods and traits on a daily basis, for just 24 Euros per month

Payment information
Card no, name, expiry,

Back
Save

Fill in payment info if any paid subscriptions are selected

Check my traits

Atlas of Feelings

Meysr Briggs

Big 5

DiSC

24 Strengths

Enneagram

Schema Therapy

...

Check IQ

Check EQ

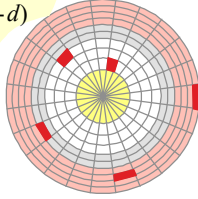
Upgrade

Need Subscription

Card Game variations

Spiral:

- Enlightenment (2-b)
- Compassion (22-d)
- Anxiety (17-f)
- Ecstasy (12-h)
- Slavery (7-j)

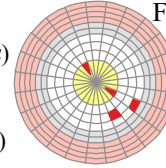


Spiral / random

- Stealing (18-j)
- Encouragement (9-d)
- Surveillance (4-f)
- Reliability (13-b)
- Frustration (23-h)

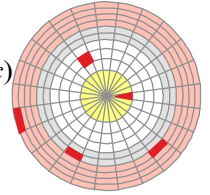
Random (1 - 240):

- Attentiveness (11-c)
- Encourage (9-d)
- Nobleness (23-a)
- Cruelty (7-j)
- Tenderness (9-a)



Random (1 - 24) + (1 - 10):

- Habit (15-f)
- Forgiving (23-c)
- Fairness (7-a)
- Battery (10-g)
- Healing (18-j)



Preferred, as gives even distribution and starts with positive

Check what: Mood ?
 Character ?
 Problems ?
 Wishes ?

How deep: Quick ?
 Medium ?
 Deep ?

Does not work for character checkup

Check What How Deep Cards ?

1st card could be random.
 2nd card opposite (+12 segments). 3rd orthogonal (+/- 6). etc

Cards:

5 Options/card
 1 Selections/card

Spiral generation ?
 Random generat ?

Decreasing order ?
 Random order ?

List 1st synonyms ?
 Random synonyms ?

Stop after 48th card

Quick Selection

Explanation / quote

Select how you feel:

- Reliability (13-b) ?
- Encouragement (9-d) ?
- Surveillance (4-f) ?
- Frustration (23-h) ?
- Stealing (18-j) ?

Helping others to believe in themselves, set higher goals

Mood
 Character
 Problem
 Wish

Quick
 Medium
 Deep

Last selection stays

1 of 48 Stop at any time

Game progress: 15% (100% = 48 cards)

Back Results Next

Order of listing:

- (i) For the Original word
- (ii) For ther Synonyms from the same cell
- (iii) For one Up and one Down cells from the same segment (1st word only?)
- (iv) For the "Related to" words (check these words first, maybe move to the end of list?)
- (v) For the "Incompatible with" words (ONLY for grey/red cells!)
- (vi) For the Four Cells from the Healing Quartet (Daily Healing only?) Balancing from opposites not included ...

Card Game Results: Wise Links

List all cells from the most problematic to the least

Wise Links Sentimental Gifs would be useful!

Excessiveness: Everything in excess is opposed to nature. Excessive sorrow laughs. Excessive joy weeps. Excessive desires create excessive poverties. [More](#)

Indifference: The opposite of love is not hate, it's indifference. The opposite of art is not ugliness, it's indifference. [More](#)

... other selected moods in the order of decreasing problematicity (distance to the center of special index...

Select All Deselect Share

Who Am I ?

Boost Me Up!


Back

Wise Quotes

Excessiveness. Everything in excess is opposed to nature. Excessive sorrow laughs. Excessive joy weeps. Excessive desires create excessive poverties. [More](#)

Unhealthy. No food will ever hurt you as much as an unhealthy mind. Limit your exposure to unhealthy and unsupportive people. Doctors tend to know a lot [More](#)

Wise Videos

Excessiveness  [How much is enough? | Kevin Cavanaugh](#)
[More Videoclips](#)

Wise Stories, Books, Advices

Excessiveness

Suggest your links!

[Less](#)

1st month is free, then subscribe to the Fee-Links

Fee-Links Order Window

- ☑ Help transforming Excessiveness (15-h) to Restrain (15-d) and Mindfulness (15-e) by sending daily Wise Links from the following cells:

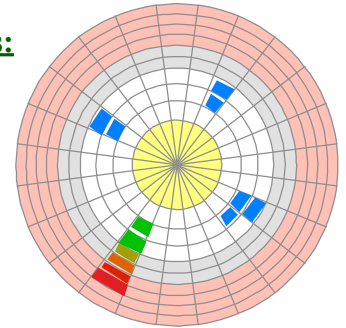
Get daily quotes & videos boosting: ?

When touching a mood:
"You will now get daily quotes & videos for this mood as well"

- ☑ [Excessiveness \(15-h\)](#)
- ☑ [Addiction \(15-g\)](#)
- ☑ [Habituation \(15-f\)](#)
- ☑ [Routine \(15-e\)](#)
- ☑ [Restrains \(15-d\)](#)
- ☑ [Mindfulness \(15-e\)](#)
- ☑ [Simplicity \(3-d\)](#)
- ☑ [Sincerity \(3-c\)](#)
- ☑ [Encouragement \(9-d\)](#)
- ☑ [Respect \(9-c\)](#)
- ☑ [Independence \(21-d\)](#)
- ☑ [Self-Respect \(21-c\)](#)
- ☑ [Self-Control \(10-c\)](#)

Order of Listing cells:

- (i) Problemic cell
- (ii) Healing quartet (white / yellow only)
- (iii) Incompatible (white / yellow only)

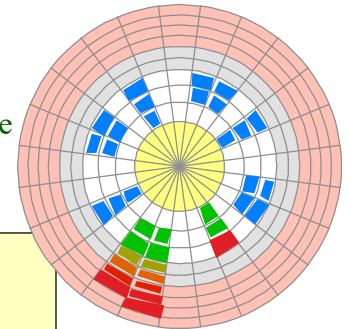


Click cells to:

- see contents
- change the list

- ☑ Help transforming Indifference (14-i) [More](#)
- ☑ Help transforming Acceptance (11-d) [More](#)

All checked items from the Wise Links window



Send daily emails to

Each email should include no more than:

- Quotes / aphorisms
- Links to videoclips, popular articles, stories, books
- Practical advices

Schedule next test in days ?

Dilemma testing for the initial and target states

In case of shortage use:

- ☑ Adjacent cells ?
- ☑ Related cells ?
- ☐ Repetitions ?

Select assets:

- Randomly ?
- Sequentially ?
- By popularity ?

Languages ?

- ☑ LT ☑ RU ☑ EN

LT in short in supply

Change selections at any time

Order

Subscription's window prompting to enter personal and payment info

Use the entered email in the subscriptions window

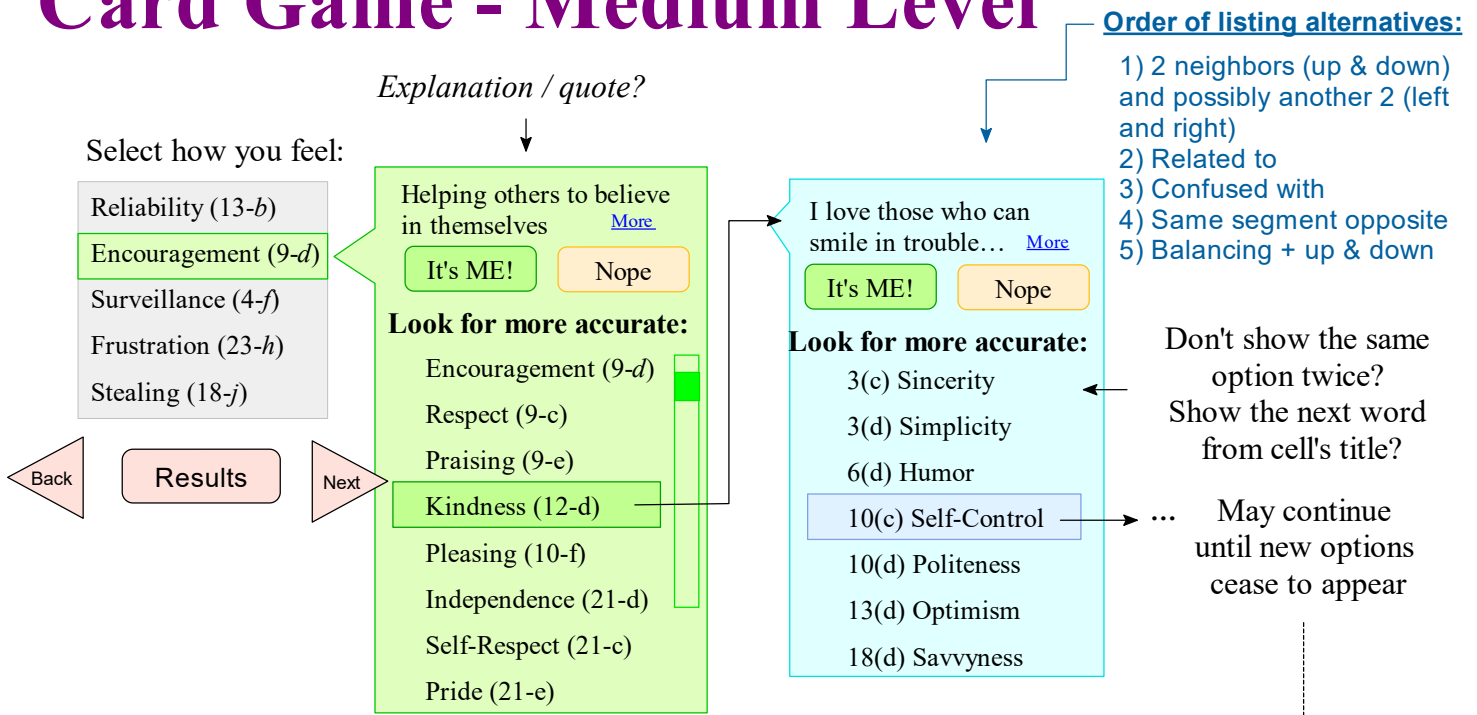
After specified time prompt to go through the Dilemma testing for the initial and target cells. In case of many such dilemmas, ask to mark their testing in calendar?

After each test generate a new order window

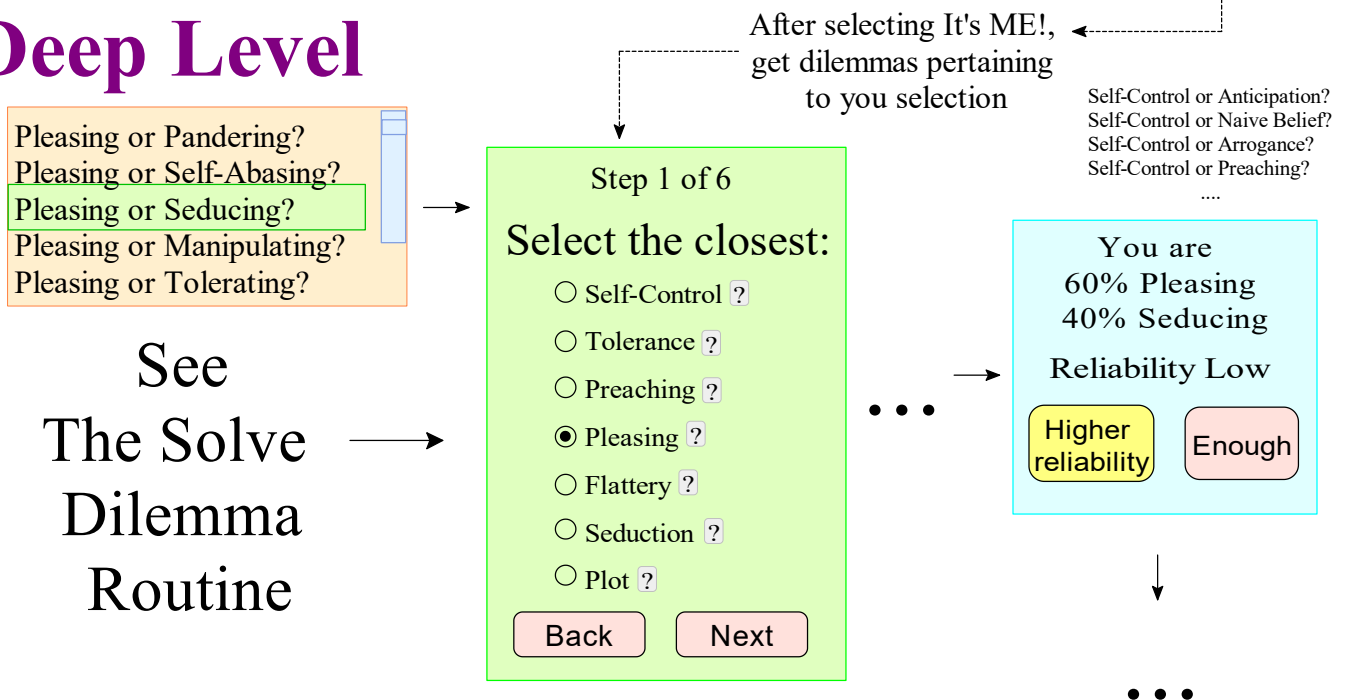
Calculate numbers of maximum assets per link from the available information in all marked cells

Expand Fee-Links by using other atlases (Maturity, MBTI, Big 5)

Card Game - Medium Level



Deep Level



Before marking the cell, check validity of surrounding and opposite cells again?

Ask if it is really a permanent state, current reality, or just desired state?

What is it?

- Permanent state
- Current mood
- Desired state

Solve Dilemma

Should I ▼
Help ▼ OR Restrain ▼ ?
Answer

Help should be related to Compassion (22-d),

Restrain should be related to Regret (22-e)

Should I ▼
Fight ▼ OR Obey ▼ ?
Answer

Fight should be related to Persistence (7-c)

Am I ▼
Calm ▼ OR Indifferent ▼ ?
Proceed

Make a list of the most common dilemmas and relate their words to the Atlas' cells!

For any word consider:

- 1) same segments (up, down),
- 2) adjacent segments (left, right),
- 3) opposite segment (balancing)
- 4) opposite's neighbors
- 5) Related to
- 6) Confused with
- 7) Incompatible with
- 8) Other suitable ...

Insightful or Eccentric?
Calm or Indifferent?
Doubt or Mistrust?
Safe or Suspicious?
Educating or Punishing?
Insighted or Lost?
Knowing or Dogmatic?
Sincere or Formal?
Brave or Foolhard?
Friendly or Controlling?

....

Other Dilemma questions:

Stability - Pastovumas - patikimumas ar kasdienis pilkumas ir rutina?

Žinojimas – patikimumas ar šabloniškumas ir dogmatizmas?

Atjauta - pasiruošimas kartu išspręst problemą ir išgyvent sunkumus, ar gailėtis ir savigrauža su tik trumpalaikia pagalba?

Tikėjimas - Žinojimas - Supratimas - Suvokimas

Expand list of dilemmas by using other atlases (Maturity, MBTI, Big 5)

Solve Dilemma

Am I ▼

Calm ▼ OR Indifferent ▼ ?

Proceed

Lists all cells from all segments to which each word belongs, plus from opposite segments. In each list add "uncertain" (2-e)



Step 1 of 6

Select how you feel:

- Isight (1-a) ?
- Calm (1-b) ?
- Safe (1-c) ?
- Doubt (1-d) ?
- Labeling (1-e) ?
- Distrust (1-f) ?
- Disapproval (1-g) ?
- Judging (1-h) ?
- Anger (1-i) ?
- Dictatorship (1-j) ?
- Uncertain (2-e) ?

Back Next

Step 2 of 6

Select how you feel:

- Endurance (10-a) ?
- Patience (10-b) ?
- Self-Control (10-c) ?
- Tolerance (10-d) ?
- Preaching (10-e) ?
- Pleasing (10-f) ?
- Flattery (10-g) ?
- Seduction (10-h) ?
- Plot (10-i) ?
- Madness (10-j) ?
- Uncertain (2-e) ?

Back Next

Step 3 of 6

Select how you feel:

- Uniting (14-a) ?
- Enthusiasm (14-b) ?
- Interest (14-c) ?
- Analysis (14-d) ?
- Overanalyzing (14-e) ?
- Anticipation (14-f) ?
- Irritation (14-g) ?
- Being Stuck (14-h) ?
- Formalism (14-i) ?
- Paranoia (14-j) ?
- Uncertain (2-e) ?

Back Next

Since most dilemma - words will be in the middle of their segments, we may limit diagnostical selections to say *b-h* layers

List synonyms, explanations, and maybe first citation

Analysis, Deduction, Reasoning, Considering, Defining, Generalizing, Concluding, Presentiment, Decision Making, Thinking "Outside the box". Ability to analyze, divide in parts, raise hypotheses, approach decision making. Analysis does not transform consciousness

You are
60% Calm
40% Indifferent
Reliability Low

Higher reliability

Enough

Select the closest feelings from segments → rotated by 90° to each of previous segment

Select the closest feelings from 2 adjacent segments to the original and opposite segments, then to orthogonal segments - each time the number of segments doubles

Am I

Confident OR Naive ?

Both words belong to the same segment

Lists all cells from all segments to which each word belongs, plus from opposite segments. In each list add "uncertain" (2-e)

Step 1 of 2

Select how you feel:

- Leadership (13-a) ?
- Reliability (13-b) ?
- Confidence (13-c) ?
- Faith (13-d) ?
- Overconfidence (13-e) ?
- Naivety (13-f) ?
- Anxiety (13-g) ?
- Pettiness (13-h) ?
- Anger (13-i) ?
- Dictatorship (13-j) ?
- Confusion (2-e) ?

Step 2 of 2

Select how you feel:

- Insight (1-a) ?
- Calm (1-b) ?
- Safe (1-c) ?
- Doubt (1-d) ?
- Labeling (1-e) ?
- Distrust (1-f) ?
- Disapproval (1-g) ?
- Judging (1-h) ?
- Accusation (1-i) ?
- Fighting (1-j) ?
- Uncertain (2-e) ?

Other possibilities:

List only selected cells (e.g., b - h) ? In each segment allow two selections? In each segment make the 1st selection more important than the 2nd? Use check boxes?

You are 50% Confident, 50% Naive

Reliability Low

Select the closest feelings from 2 adjacent segments for each of previous segment ...

Step 1 of 2

Select how you feel:

- Flexible ?
- Attentive ?
- Humble ?
- Conforming ?
- Lazy ?
- Insincere ?
- Servility ?
- Confusion ?

Step 2 of 2

Select how you feel:

- Striving ?
- Persistent ?
- Dedicated ?
- Stubborn ?
- Obduracy ?
- Obsession ?
- Jealousy ?
- Confusion ?

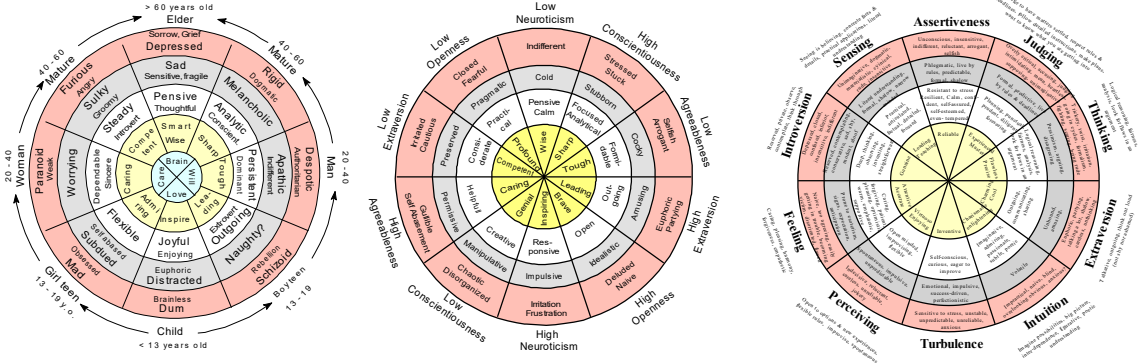
Synonyms, explanation, quote?

Stubbornness, Arguing. *Stubbornness is the strength of the weak*

You are 70% Confident, 30% Naive

Reliability Low

Expand FEE-LINKS and Dilemmas with other Atlases



Generate new cards and assets for new cells
 All schemes complement the Atlas, as their segments correlate

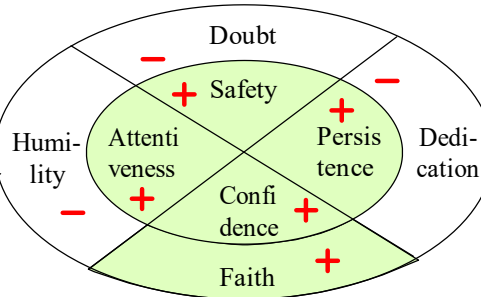
Desired	Atlas*	180°	90°	Big 5 traits
Tough	Old	Resolute	Caring & Enduring	Low Agreeabl + Opt. (Neurot & Openness)
	New	Caring	Smart & Inspiring	
Smart	Old	Joyful	Playful & Creative	High Conscient + Opt. (Extravert & Openness)
	New	Inspiring	Tough & Caring	
Caring	Old	Enduring	Tough & Resolute	High Agreeabl + Opt. (Neurot & Openness)
	New	Tough	Smart & Inspiring	
Inspiring	Old	Brilliant	Profound & Fulfilled	High Neurotic + Opt. (Extravert & Agreeabl)
	New	Smart	Tough & Caring	
Leader	Old	Insightful	Fair & Resilient	High Extravers + Opt. (Neurotic & Conscient)
	New	Competent	Sharp & Admiring	
... etc. ...				

* Old - Classic atlas from Plutchi'k's wheel,
 New - Maturity scheme from P-A-C and DiSC profiles

Alternative names

What's Up With Me Boost Me Up
Who Am I Delicate Me
Mood Booster Make Me Wise
Fix My Mood Am I Wise?
Fix Me Up Wise Links Booster
Lift Me Up

Get daily quotes & videos
boosting: ?



Back

Yep!

When clicking a mood:

"Now you will (not) get daily quotes & videos for this mood (as well)"

Old 1st Screen

What's Up With Me

Check my mood
 Transform mood
 Solve dilemma
 Check my traits
 Check IQ / EQ

Register

See my progress

Share wisdom

Complimentary Mood:

Chat Meet

Alternative names:
 Who am I today?
 Quick fix
 Solution please
 My character

Subscriptions

Send your links to the 'Soul-Pedia'

After registering

People with complimentary moods will be able to chat or meet (using instant geolocation)

Who am I today?

Check my mood [Home](#)

I want to be:

Admirer

Scherlock Warrior
 Wizzard Sceptics

Atlas' card game

alphabetical drop-down list
 list the most popular roles

... you don't have to play a new card game, if you played it at least two times before, or if you tested your character with 3rd party algorithms

Each role will have to be linked to the atlas' cells. Once you play the card game, it will advice you what to watch in yourself

Transform Mood

Enter a problem: [Home](#)

I am

Confused Desperate
 Depressed Heartache

or

Atlas' card game

List the most popular problems

Start typing to get the closest problem from alphabetical drop-down list